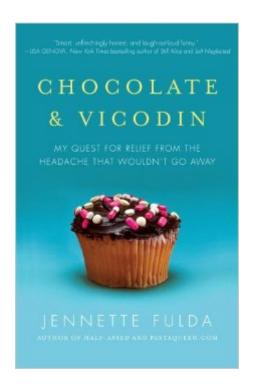
# The book was found

# Chocolate & Vicodin: My Quest For Relief From The Headache That Wouldn't Go Away





# **Synopsis**

The humorous and touching memoir of a woman whoâ ™s been seeking relief from a headache for more than two years. Jennette Fulda was riding high on the success of her first book, Half-Assed: A Weight-Loss Memoir, until one fateful day in February 2008, when she developed a headacheâ "and it never went away. So she dealt with it the best way she knows how: by writing about it. And eating lots of chocolate. In Chocolate and Vicodin, Jennette explores her change of identity from â cethe girl who lost hundreds of poundsâ • to â cethe girl who lives with constant pain,â • and all sheâ ™s had to endure to try and make the pain stopâ "from a bevy of expensive, time-consuming tests, which have taught her interesting facts (for example, that an MRI does indeed cost more than a European vacationâ "and doesnâ ™t last nearly as long), to tons of medications prescribed by her doctors to hilarious, sometimes insane advice sheâ ™s received from her blog readers. While nothingâ ™s been able to grant her relief, she has gained a new perspective. Instead of dwelling on the â ceinvisible tiara of nailsâ • she may very well wear for the rest of her life, sheâ ™s instead learned how to live with the pain, sharing with readers not only how sheâ ™s managed to get by, but to laughâ "and thriveâ "in spite of it.

## **Book Information**

File Size: 1595 KB

Print Length: 307 pages

Publisher: Pocket Books; 1 edition (February 22, 2011)

Publication Date: February 22, 2011

Sold by: A Simon and Schuster Digital Sales Inc.

Language: English

**ASIN: B0043RSJ68** 

Text-to-Speech: Not enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #443,238 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #14 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #440 in Kindle Store > Kindle eBooks > Biographies & Memoirs > Professionals & Academics > Medical #1397 in Books > Biographies & Memoirs > Professionals & Academics > Medical

# **Customer Reviews**

Chocolate and Vicodin is a must-read for anyone suffering with chronic pain or those that live with someone with chronic pain. Ms. Fulda will not solve your problems for you but she will make you feel much less alone with your pain and make you smile at the same time. I am honestly afraid of support groups because who wants to be around others complaining. Ms. Fulda is able to explain her situation and all that she goes through without sounding like she's complaining. She just shows you the real side of herself and how she is pulling herself through even though she still does not have a diagnosis. I understand the not-knowing. I can somewhat name my problem, though there is still some gray area to mine as well, but to not know at all has to be tough. The book is written in a real yet a humorous manner. I love when she gets snarky at times (mostly in her mind), that is the same way I feel at times and to be able to get that out would be wonderful. Ms. Fulda proves that you can get through it like she does and there are days when you will be down but sometimes you just have to adjust your reality, change your life to suit it and move on. I think this is the core message. Another things I took away - it is normal to feel alone when suffering from something that others can't see. Like she says - it's easy for someone to see you are in pain when you are curled up in a ball, but when you are going on with everyday life the best way you can, then the pain is harder to see (I paraphrase). I loved this book, I felt like I was talking with a friend when I was reading it and I saw so much of myself while reading it. I would like to thank Ms.

### Download to continue reading...

Chocolate & Vicodin: My Quest for Relief from the Headache that Wouldn't Go Away Naturally Sinusitis Relief FAST: Top effective home remedies to instantly stop sinus infection: - A quick read and easy steps for headache relief & nasal treatment - Simple treatments guarantee The Chocolate Truffle Cookbook: 50 Delicious Chocolate Truffle Recipes (Recipe Top 50's Book 62) Baker's Secret Family Chocolate Treats Cookbook: 25 delicious, easy to cook, chocolate treats for the whole family to enjoy, including lots of bakers' secrets (Baker's Secrets Cookbooks) Chocolate / Chocolate (Spanish Edition) Charlie y la fabrica de chocolate (Charlie and the Chocolate Factory) (Alfaguara) (Spanish Edition) Como agua para chocolate [Like Water for Chocolate] Prescription Painkillers: Oxycontin, Percocet, Vicodin, & Other Addictive Analgesics (Downside of Drugs) Don't Let Your Headache Ruin Your Sex Life: "Honey, I Don't Have a Headache Tonight" Headache Pathogenesis: Monoamines, Neuropeptides, Purines, and Nitric Oxide (Frontiers in Headache Research Series) The Girl Who Wouldn't Brush Her Hair You Wouldn't Like Me When I'm Angry: A Hulk Companion I Promised You I Wouldn't Write This All in My Head: An Epic Quest to Cure an

Unrelenting, Totally Unreasonable, and Only Slightly Enlightening Headache The Headache Alternative: A Neurologist's Guide to Drug- Free Relief Headache Relief for Women: How You Can Manage and Prevent Pain Headache Relief The NATURAL HEALTH GUIDE TO HEADACHE RELIEF Stop Your Neck Pain And Headache Now: Fast and Safe Relief in Minutes Proven Effective for Thousands of Patients Woman's Holistic Headache Relief Book

**Dmca**